

# End the Silence!

Have you been the target of ***Bullying?*** We are here to help you!

## **Bullying Prevention Support Circles** for Children and Parents

**Empowering Youth and Parents to End the Silence and Stand Up to Bullying!**



Youth will:

- Gain confidence and self-esteem
- Learn skills to speak up and be an Upstander
- Practice problem-solving
- Make new friends

Parents will:

- Learn strategies to help their child develop healthy coping skills
- Gain support from other families

**Locations: Langhorne      Doylestown      Quakertown**

For more information call The Peace Center at 215-750-7220 ext. 13  
**Advance registration is required to attend any support circles**



Program facilitated by The Peace Center's Bullying Prevention Resource Center, a program funded by the County Commissioners, the DA's office and Bucks County Superintendents

102 West Maple Ave, Langhorne, PA 19047-2820 Phone: 215-750-7220 [www.thepeacecenter.org](http://www.thepeacecenter.org)