

Useful links about the Breakfast, Lunch and Snack Programs for Schools

1. National School Lunch Program-

The National School Lunch Program is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day. For more information visit the link below.

<https://www.fns.usda.gov/nslp/national-school-lunch-program-nslp>

2. Offer Versus Serve (OVS) Guidelines –

Offer versus Serve (OVS) is a provision in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) that allows students to decline some of the food offered. The goals of OVS are to reduce food waste in the school meals programs while permitting students to decline foods they do not intend to eat. For more information visit the link below.

<https://fns-prod.azureedge.net/sites/default/files/cn/SP41-2015av2.pdf>

3. Smart Snack Guidelines-

Starting in school year 2014-15, all foods sold at school during the school day are required to meet nutrition standards. The Smart Snacks in School regulation applies to foods sold a la carte, in the school store, vending machines, and any other venues where food is sold to students. Click the link below for more information.

<https://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>

4. Smart Snack Calculator-

A simple tool that helps to determine whether a food or beverage meets the federal guidelines for the ala cart school program. Click the link below for more information.

<https://foodplanner.healthiergeneration.org/calculator/>

For more information about The Nutrition Group please visit our website at

<http://www.thenutritiongroup.biz/>

