



# PENNSBURY SCHOOL DISTRICT

134 YARDLEY AVENUE • P.O. BOX 338 • FALLSINGTON, PENNSYLVANIA 19058-0338

December 14, 2021

Dear Pennsbury School Community,

The past twenty months have been difficult for many in our school community. We have seen increased student mental health-related issues in our schools; some students struggle every day and others may have been hospitalized due to their level of need. As educators and family members, we are all affected by these issues. Although we have a support system through our district's counseling program and community resources, we need to do more to support our students by connecting with our community and fostering mental health discussions.

We hope you can join us **Tuesday, January 11 at 7:00 p.m.** at Pennsbury High School East's Auditorium for ***Tired of Talking about COVID? Let's Start Talking About Healing!*** George Scott, a well-known, area licensed therapist\*, will lead us in this important discussion to provide support and resources for families. The presentation will focus on mental wellness during these challenging times. [A livestream of the presentation will also be available.](#) A recording of the presentation will be posted on our website.

As a district, we are committed to starting the conversation about mental health and wellness in our schools. This program will serve as a first step in widening the district's focus on the mental health of our students and staff. In the coming months, we will work with teachers, school counselors, and staff to support the mental health of our students and staff and make sure anyone who needs support receives it.

Sincerely,

Thomas A. Smith, Ed.D.  
Superintendent of Schools  
[tsmith@pennsburysd.org](mailto:tsmith@pennsburysd.org)

Justine M. McEachern, M.Ed  
Supervisor of School Counseling/Assistant Principal  
[jmceachern@pennsburysd.org](mailto:jmceachern@pennsburysd.org)

*\*George Scott is respected throughout our area for his work in trauma and mental wellness; he is certified in post-traumatic stress management and has worked with the Traumatic Loss Coalition for years. He is a dynamic presenter who brings a wealth of knowledge and experience to his presentations. George will be working with the Pennsbury community and our staff over the next two years.*