

Farm to Families

Order a Fresh box today!

Call 215.710.4163

or online at www.stmaryhealthcare.org/farmtofamilies



Weekly boxes are available year round!

Fresh Affordable Food Straight To You!

Healthy eating is an important way to improve and maintain a healthy lifestyle.

To get the most benefit for your health, you should choose more fruits, vegetables, and foods with whole grains and healthy protein.

What is in each box?

- **Each box contains:** 1 leafy green, 1 starchy vegetable, 2 types of fruits, 2 types of vegetables
- **Most produce from Lancaster Farm Fresh Cooperative and certified organic**
- **Box sizes to choose from:** \$10 or \$15
Pantry and SNAP participants boxes \$5



\$10 Box

\$15 Box

How do I get started?

- Order online with credit card.
www.stmaryhealthcare.org/farmtofamilies
- Call **Farm to Families 215.710.4163**
Leave name, phone number, location and box size
- A staff member will return your call to confirm your order at daytime number.
- All orders must be placed one week in advance.

Pick-Up Locations

St. Mary Main Campus Volunteer Office
Pick-Up time: Wednesdays,
1:00 pm – 8:00 pm
1201 Langhorne –Newtown Rd,
Langhorne, PA 19047

Community Locations

Queen of the Universe Parish Center
Pick-Up time: Fridays, 12:30 pm – 5:30 pm
2477 Trenton Rd, Levittown, PA 19056

Our Lady of Fatima School Center

Pick-Up time: Thursdays, 12:30 pm – 4 pm
2913 Street Rd, Bensalem, PA 19020

Registered Dietitian is on site if you have questions! Recipes are available.

How do I pay?

You can pay with Cash, EBT or Credit/Debit Card in person at pick-up location.

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ST. CHRISTOPHER'S FOUNDATION for Children