

# Pennsbury Walk or Bike to School Day is Wednesday, May 17th

Pennsbury students who live within walking distance of their schools are encouraged to walk or ride a bike to school with parental permission on May 17, weather permitting. Walk or ride with your friends or parents. If you are not sure, check with your school to see if you can safely walk or ride to school. Don't worry if you cannot walk or ride, there are other ways to get your exercise for the day!

## Remember to Follow These Safety Rules



### Walkers:

- Plan a safe route - and stick to it
- Always walk with an adult or a friend
- Don't push or chase each other near the street
- Don't accept rides if not arranged and confirmed by a parent
- Watch for cars at every driveway and intersection

### Bikers:

- Anyone under the age of 12 must wear a helmet when riding a bicycle. The Pennsylvania Department of Transportation strongly recommends that all bicyclists wear helmets whenever they ride.
- Look both ways for traffic
- Make sure your tires have air in them
- Use a backpack to carry your belongings
- Always lock your bike up
- Always ride with a friend



# Have fun!